



STEDFAST GAMES 2021

RULES & REGULATIONS

STEDFAST ASSOCIATION HONG KONG

BADMINTON RULES

1. TECHNICAL REGULATIONS

This Badminton Competition will be organized in accordance with :

- 1.1 The General Rules & Regulations of Stedfast Games.
- 1.2 The current technical regulations of the Badminton World Federation (BWF).
- 1.3 The organizer will reserve the rights to change the rules wherever it deems appropriate.

2. COMPETITION FORMAT

- 2.1 This Competition is open to Men and Women. It is up to the Association concerned to field any gender.
- 2.2 This TEAM Event competition will consist of the following categories which are:
 - a) TWO (2) Singles
 - b) THREE (3) Doubles
- 2.3 The Competition format will be as follows:
 - 1st Singles | Players who are 40 years old and above
 - 2nd Singles | Open
 - 1st Doubles | Both players must be 40 years old and above
 - 2nd Doubles | Open
 - 3rd Doubles | Open
- 2.4 Players are not allowed to play twice in the same category.

3. SCORING SYSTEM

- 3.1. A game consists of 2 sets of 21 points each.
- 3.2. Every time there is a serve – there is a point scored.
- 3.3. The side winning a rally adds a point to its score.
- 3.4. At 20-20, the side which gains a 2 point lead first, wins that set.
- 3.5. However, if this does not happen, the side that reaches 31 points wins the set.
- 3.6. The side winning a set serves first in the next set.
- 3.7. One (1) point will be awarded for every set won and these points will be accumulated to the total badminton games played.
- 3.8. In case of a tie at the final tabulation in the Round robin playoff, the lowest score gained from the opponent will be used to decide the winner.
- 3.9. In case of a tie in a knock out playoff after the 5th game, a 3rd set will be played to decide the winner.

4. UMPIRE & LINESMAN

Each team is required to provide ONE (1) umpire and TWO (2) linesmen.

BASKETBALL RULES

1. TECHNICAL REGULATIONS

This Basketball Competition will be organized in accordance with :

- 1.1 The General Rules & Regulations of Stedfast Games.
- 1.2 The current technical regulations of the International Basketball Federation (FIBA).
- 1.3 The organizer will reserve the rights to change the rules wherever it deem appropriate.

2. COMPETITION FORMAT

- 2.1. This is an Open Tournament for all age groups.
- 2.2. Each team shall consist of NINE (9) players – FIVE (5) players on court and FOUR (4) reserves.
- 2.3 Each team must have at least ONE (1) player age 40 years old and above during the match time on court
- 2.4 Failure to comply with Rule 2.3 would result in disqualification
- 2.5. Rolling substitute is allowed.
- 2.6. Each match will have 2 halves of 10 minutes running time with FIVE (5) minutes interval.
- 2.7. Each team will be allowed ONE (1) timeout per half, upon alerting the table official.
- 2.8. Only team Manager and/or team Captain will have the right to request for a time-out.

3. SCORING SYSTEM

- 3.1 To refer to Stedfast Games General Rules & Regulations

CARROM RULES

1. TECHNICAL REGULATIONS

This Carrom Competition will be organized in accordance with :

- 1.1 The General Rules & Regulations of Stedfast Games.
- 1.2 The current technical regulations of the International Carrom Federation.
- 1.3 The organiser will reserve the rights to change the rules wherever it deems appropriate.

2. COMPETITION FORMAT

- 2.1 This Competition is open to Men and Ladies. it is up to the Association concerned to field any gender.
- 2.2 This TEAM Event competition will consist of the following categories which are:
 - a) TWO (2) Singles b) THREE (3) Doubles
- 2.3 The Competition format will be as follows :
 - 1st Singles | Players who are 40 years old and above
 - 2nd Singles | Open
 - 1st Doubles | Both players must be 40 years old and above
 - 2nd Doubles | Open
 - 3rd Doubles | Open
- 2.4 Players are not allowed to play twice in the same category.

3. SCORING SYSTEM

- 3.1 A game consists of 2 sets.
- 3.2 ONE (1) point will be awarded for every set won and these points will be accumulated for the total carrom games played.
- 3.3 In case of a tie at the final tabulation in the Round robin playoff, the highest balance seeds will be used to decide the winner.
- 3.4 In case of a tie in a knock out playoff after the 5th game, a 3rd set will be played to decide the winner.
- 3.5 Upon the first strike the RED seed will be removed.
- 3.6 Each team will then proceed to "pocket" all their carrom pieces to be declared the winner.

4. UMPIRE

Each team is required to provide TWO (2) umpires.

5. OTHERS

During a carrom match, players are forbidden to distract, in whatever form, the opposing team. Supporters or spectators are also not allowed to give assistance or instructions to players during a carrom match.

FUTSAL RULES

1. TECHNICAL REGULATIONS

This Futsal Competition will be organized in accordance with :

- 1.1 The General Rules & Regulations of Stedfast Games.
- 1.2 The current technical regulations of the International Federation of Football Association (FIFA)
- 1.3 The organiser will reserve the rights to change the rules wherever it deem appropriate.

2. COMPETITION FORMAT

- 2.1 This is an Open Tournament for all age groups.
- 2.2 Each team shall consist of NINE (9) players – FIVE (5) pitch players (including goalkeeper) and FOUR (4) reserves.
- 2.3 Each team must have at least ONE (1) player age 40 years old and above during the match time on pitch
- 2.4 Failure to comply with Rule 2.3 would result in disqualification
- 2.5 Rolling substitution is allowed.
- 2.6 The goalkeeper can be substituted anytime when the ball is not in play or unable to continue the match due to injury.
- 2.7 Each game will be played in two halves of TEN (10) minutes with FIVE (5) minutes interval.
- 2.8 In case of numerous interruptions, the referee may at his own discretion, stop the clock during the interruptions.
- 2.9 Time will not stop during short game interruptions.
- 2.10 At half time, teams change sides and play resumes after ONE (1) minutes interval.
- 2.11 There will be no extra time in this competition.
- 2.12 If it is a knock-out, all matches that end in draws will proceed with penalty shootout in accordance with FIFA regulations.

3. SCORING SYSTEM

- 3.1 The following league points system will apply :
 - Win 3 points
 - Draw 1 point
 - Loss 0 point
- 3.2 The ranking within the group is determined by the greater number of league points obtained in all matches.

- 3.3 If 2 or more teams ended the competition with a tie in league points, the following tie-breaking mechanism shall apply:
- Goal Difference
 - Goal For
 - Goal Difference among the tied teams
 - Goal For among the tied teams

4. CAUTIONED OR DISMISSED FROM THE PITCH

- 4.1 A player or official who received 2 cautions (yellow cards) during the competition shall automatically be suspended for the next match.
- 4.2 A single yellow card in a match will not be carried to the semi-final or final, if any.
- 4.3 A player or official who is sent off (red card) during the competition shall automatically be suspended for the immediate next match. A suspended player or official shall not be allowed on the substitution bench and technical area.
- 4.4 Each Team shall bear the responsibility of monitoring the cautions and/or suspensions received by its players and officials and to ensure that all players registered and/or fielded during the competition are eligible to play.

5. OTHERS

The Organizer must specify the condition of the playing ground.

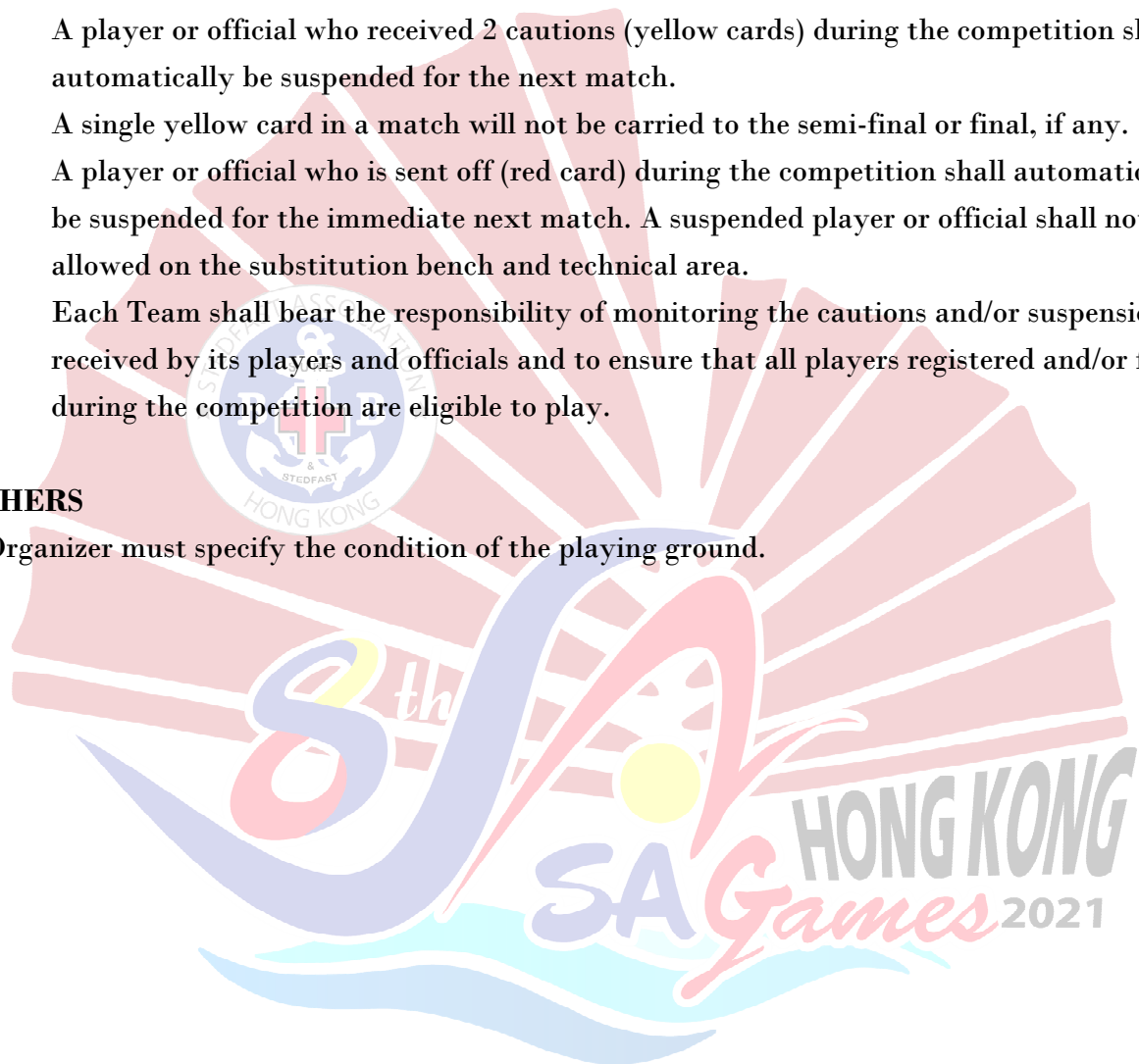


TABLE TENNIS RULES

1. TECHNICAL REGULATIONS

This Table Tennis Competition will be organized in accordance with :

- 1.1 The General Rules & Regulations of Stedfast Games.
- 1.2 The current technical regulations of the International Table Tennis Federation (ITTF)
- 1.3 The organiser will reserve the rights to change the rules wherever it deems appropriate.

2. COMPETITION FORMAT

- 2.1 This Competition is open to Men and Ladies. It is up to the Association concerned to field any gender.
- 2.2 This TEAM Event competition will consist of the following categories which are:
a) TWO (2) Singles b) THREE (3) Doubles
- 2.3 The Competition format will be as follows :
1st Singles | Players who are 40 years old and above
2nd Singles | Open
1st Doubles | Both players must be 40 years old and above
2nd Doubles | Open
3rd Doubles | Open
- 2.4 Players are not allowed to play twice in the same category.

3. SCORING SYSTEM

- 3.1 A game consists of 3 sets of 11 points.
- 3.2 Every time there is a serve – there is a point scored.
- 3.3 The side winning a rally adds a point to its score.
- 3.4 After each 2 points have been served, the receiving player or pair shall become the serving player or pair and so on until the end of the game. When both players or pairs score 10 points, the sequences of serving and receiving shall remain the same but each player shall only serve for 1 point.
- 3.5 At 10-10, the side which gains a 2 point lead first, wins that set.
- 3.6 However, if this do not happen, the side that reaches 21 points, wins the set.
- 3.7 ONE (1) point will be awarded for every set won and these points will be accumulated to the total table tennis games played.
- 3.8 In case of a tie at the final tabulation in the Round robin playoff, the lowest score gained from the opponent will be used to decide the winner.
- 3.9 In case of a tie in a knock out playoff after the 5th game, a 3rd set will be played to decide the winner.

4. UMPIRE

Each team is required to provide ONE (1) umpire.

FREE SHOOT-OUT THROW RULES

1. TECHNICAL REGULATIONS

This Free Shoot-out Throw Competition will be organized in accordance with :

- 1.1 The General Rules & Regulations of Stedfast Games.
- 1.2 The organiser will reserve the rights to change the rules wherever it deem appropriate.

2. COMPETITION FORMAT

- 2.1 It will be an individual event irrespective of male or female participants who are 60 years old and above.
- 2.2 This will be a knock-out event.
- 2.3 If any players do not turn up within 3 calls by the referee, it will be considered a walk-over and the opponent will move to the next round.
- 2.4 Each player is required to throw a ball (netball will be used) into the basketball ring and every successful throw will earn ONE (1) point.
- 2.5 The highest point collected will be the winner.
- 2.6 In case of a tie after the 5th throw, a “sudden death” shoot-out will be played.
- 2.7 There will be two categories on the distance of throw to the ring :
 - (a) for those 60 years and above - Free Throw Line, and
 - (b) for those 70 years and above - Inside the ‘A’ box as marked

3. OTHERS

Last minutes participants on the day of event will not be entertained

OPTIONAL GAMES

SAGames



DART RULES

1. TECHNICAL REGULATIONS

This Dart Competition will be organized in accordance with :

- 1.1 The General Rules & Regulations of Stedfast Games.
- 1.2 The organizer will reserve the rights to change the rules wherever it deem appropriate.

2. COMPETITION FORMAT

- 2.1. This Competition is open to Men and Ladies. It is up to the Association concerned to field any gender.
- 2.2. Each team will be allowed to register a maximum of EIGHT (8) players.
- 2.3. This TEAM Event competition will consist of the following categories:
 - a) Category 1 | TWO (2) Singles
 - b) Category 2 | THREE (3) Doubles
- 2.3 The Competition format will be as follows :
 - 1st Singles | Open
 - 2nd Singles | Players who are 40 years old and above
 - 1st Doubles | Open
 - 2nd Doubles | Open
 - 3rd Doubles | Both players must be 40 years old and above
- 2.4. Players are not allowed to play twice in the same category.
- 2.5. There is only one match per game.
- 2.6. A game starts from 501 and deducts the point to zero after 3 throws.
- 2.7. The winner is decided by ending with a double to end the set.
- 2.8. One (1) point will be awarded for every set won and these points will be accumulated to the overall dart games played.
- 2.9. In case of a tie at the final tabulation, a final throw will be used to decide the winner.

3. UMPIRE

Each team is required to provide ONE (1) umpire.

4. OTHERS

The Organizer must provide a minimum of TWO (2) dart boards.